
Tay River Tattler

Arts News & Views from Tay River Gallery

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Submissions from Glass Artists

Tay River Gallery is accepting submissions from glass artists for the upcoming season. Please apply by email to lbrown@tayrivergallery.com or in person after March 1st and provide portfolio consisting of biographical information and photos or slides, or digital images of your work.

Changes to the Website

You will notice that the Tay River Gallery website has been reformatted to include an Events page listing upcoming exhibits and Calls for Entry in the gallery for the year. Event information will be accessible more quickly by referring directly to the events page.

Renovations to the Gallery

Tay River Gallery is getting a wee bit of a facelift with some interior painting in the next week. Many apologies for the erratic timing of the Newsletter these past two months as I have had my fingers in many pies, bouncing from one project to the next. Once I am stationed back at the gallery, newsletters will be out the first week of the month.

Notes on Creativity

Creativity begins in darkness. Mystery is at the heart of all creativity. Numerous artists have addressed the mysterious nature of the creative process, and the need to let go of control during the process. Ideas take shape slowly, and a reticent mulling about or receptivity and

trust in the creative process produces the best results. Artist, Andre Gide has said, quite aptly, "One does not discover new lands without consenting to lose sight of the shore for a very long time."

We are creative beings, meant to create, whether it is in planning a flower garden, redecorating a room, trying a new food offering for our family meal, applying creative solutions in our work environments, painting, sculpting writing or weaving our dreams. All of these creations begin with a dream or vision.

Julia Cameron in her book, *The Artist's Way* identifies artists and shadow artists. Life situations do not always permit full expression of our creative abilities at all life stages. Many individuals have been fortunate and confident enough to pursue a life path as artist. But just as many individuals have had to put their creative dreams on hold until retirement, or during times of job loss, have then made the leap to explore creative possibilities.

Art requires attention and particular attention to detail. The ability to be receptive to our environments through the five senses can be stoked by passion and curiosity. Alone time is important for creative reflection and vital to the creative process. As well as receptivity and time, in play, we recover the capacity to invent that we all had as children. For some artists, the creative process is described as kinesthetic, involving activities such as walking and various rituals to encourage stimulation of ideas.

Regardless of what stage of life one begins to give full attention to the moment and explore artistic expression, the experience can be one of bliss. The utter joy in the process can unlock a new focus in your life.

Quotes on Creativity

"If you have a passion for something, it has an energy to it." *June Levinson*, Ceramist.

And while stars and waves have something to say
It's through my mouth they'll say it"
Vincente Huidobro

It takes a long time to be young again.
Picasso

Each time I undertake to paint a picture I have a sensation of leaping into space. I never know whether I shall fall on my feet.
Picasso.

Experiencing the works of others is like experiencing nature.
Wassily Kandinsky

Play is the taproot from which original art springs; it is the raw stuff the artist channels and organizes. Technique itself springs from play, by testing the limits and resistances of our tools.
Stephen Nachmanovitch

Books On Creativity

Here is a short list of books on the topic of creativity for further reading
The Artist's Way. A Spiritual Path to Higher Creativity. by Julia Cameron, Copyright, 1992.

Into the Deep. A Writer's Look at Creativity. Susan McBride Els, 1994.

The 12 Secrets of Highly Creative Women by Gail McMeekin, 2000.

If You Want to Write. A Book About Art, Independence, and Spirit. By Brenda Ueland, 1938.

Writing the Natural Way. By Gabriele Rico, 2000

Upcoming Events

Gift of Art, Exhibition & Silent Auction, Art Nuovo, Almonte

Feb 1st to 28th. 15 artists have donated \$5,000 of art from which partial proceeds will be donated to the Breast Cancer Society of Canada.

Pottery Classes, Almonte Potters Guild

Winter and Spring Courses. Call 256-5556 or 257-1075 for information

Summer Art Programs From Mississippi Valley ArtMakers

Commencing early June, the Mississippi Valley Artmakers, a group of professional artists will be offering a number of art workshops just west of Perth at Snow Road Station. HanneJ. E. Quigley, Fred Fowler and Janice Ling will be offering a variety of programs including Woodturning, Stained glass art, Sketching, Watercolour, Acrylic and Oil painting. For more information pick up a program brochure at the Tay River Gallery or contact Janice Ling at 278-0510 .

Quilting Workshops offered by Karen Goetzinger

Karen Goetzinger, gallery artist, will be holding quilting classes in Ottawa At Yarn Forward & Sew On (on Bank St. Ottawa) Contact Yarn Forward

Feb. 28 & Mar. 7 2-4:30 p.m. - **Japanese Stones**

April 1 & 8 2-4 p.m. - **Eastern Folds II**
People can contact Yarn Forward for more info.

Mississippi Mills School of the Arts

July 21 - 25 A week long course "A

Quilting Journey to Japan" for more info.
See website

www.algonquincollege.com/arts.

MERA Call for Entries

For Exhibition 'Celebration'

MERA in McDonald's Corners is accepting entries for a juried show celebrating their 5th Anniversary. 3-D or 2-D works titled and ready to hang. Many prize categories Works must be delivered on March 20th or March 22 to the Schoolhouse in McDonalds Corners or the Lanark Economic & Development Office on March 20 or 21st. For More Info consult the Humm Feb Issue or contact Ankaret Dean at 278-1203.

MERA Life Drawing Classes

Fridays 10 to 1 p.m. Call 278-2943
Quilting classes also on Wednesday afternoon and evenings.

Tay River Gallery Thematic Show For July 2003

On the Topic of Rhythm

Our July Thematic show will feature an artistic interpretation of what 'Rhythm' means to the artist. Details will be posted soon on the events page of this website

Everything that is alive, is organized by the pulsing motion or rhythmic dancing of its internal components and processes. In 1665, Dutch scientist Christian Huygens made the discovery that two clocks placed next to each other will start ticking in perfect synchrony within a short period of time. The Law of Entrainment, states that two related rhythms that are close to one another will become

entrained, that is pulse to the same rhythm. This occurs not only with mechanical clocks but biological and sociological clocks as well. This is a fascinating notion to ponder when it comes to understanding our relationship to other rhythms in the world. We are all entrained to each other in universal, planetary, social, personal and biological rhythms.

Bradford Keeney, Ph.D., author of *Everyday Soul*, addresses rhythm and the relation of entrainment to contemplation practices. He says, "The deepest contemplative practices bring about a momentary stillness that allow us to become re-entrained to the rhythms of life. Indigenous rituals sometime involve entering mental states that are resonant with the earth's magnetic vibration. This frequency, known as the Schumann resonance, pulses at 7.8 cycles per second, the same beat as the lower alpha frequency of human brain waves, often associated with meditative states of consciousness. When we vibrate at this frequency we are literally tuning in to the vibration of the earth's soul." *Everyday Soul*, Bradford Keeney, 1996

Powerful rhythmic drumming often precedes indigenous healing ceremonies. Cree medicine man, Albert Lighting taught that our inner nature and rhythms are an exact copy of the universe. Medicine people recognize that there is a right time and place for everything and feel their job is to get you into the rhythm that brings forth the pulse of healing. Dave Gehue, a Micmac medicine man from Nova Scotia describes his relationship with spirituality as simply one of "going along for the ride. "When we mount the rhythms of spirit we should allow the horse to take us where it wants to go."